

Directions to Wilfrid Laurier University

- From London or Toronto, follow highway 401 to exit 278, highway 8 West. (From Niagara Falls, follow the Queen Elizabeth Way in the "Toronto" direction to highway 403 West; follow 403 West to 6 North to 401 West to exit 278)
- Follow 8 West to 7 East (also known as the Conestoga Parkway)
- Continue on 7 East as it becomes 85 North (formerly known as 86)
- Exit at University Avenue West (which is the second University Avenue exit) and drive until King Street. The Athletic Complex is located at the corner of King Street and University Avenue.
- Due to campus construction, please refer to parking instructions. For information upon arrival, visit the Information Kiosk on Midcampus Drive.

